



YOGURT

Apple Pie - Whole Oat (Dairy Free/Vegan)

Nutrition Facts

Serving Size 1/2 cup (4 oz)

Amount per serving

Calories 100

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 115mg 5%

Total Carbohydrate 23g 9%

Dietary Fiber <1g 1%

Sugars 16g

Includes 16g Added Sugars 32%

Protein <1g 1%

Vitamin D 0mcg 0%

Calcium 3mg 0%

Iron 0mg 0%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients

Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum, Water, Propylene Glycol, Natural and Artificial Flavors, Caramel color

Allergens

Milk: No
 Egg: No
 Wheat: No
 Soy: Yes (Soy Protein)
 Tree nut: No
 Peanut: No
 Sulfites: No

All the taste,

Without the waist