



Skinny D's YOGURT

Blueberry - Whole Oat (Dairy Free/Vegan)

Nutrition Facts		Ingredients	
Serving Size	1/2 cup (4 oz)	Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. Water, Propylene Glycol, Benzyl Alcohol, FD&C Red 40, Xanthan Gum, FD&C Blue 1, Ethyl Alcohol, Triacetin, Natural and Artificial Flavors	
Amount per serving			
Calories	100		
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 115mg	5%		
Total Carbohydrate 23g	9%		
Dietary Fiber <1g	1%	Allergens	
Sugars 16g			
Includes 16g Added Sugars	32%		
Protein <1g	1%		
Vitamin D 0mcg			Milk: No
Calcium 3mg			Egg: No
Iron 0mg			Wheat: No
Potassium 0mg			Soy: Yes (Soy Protein)
			Tree nut: No
			Peanut: No
		Sulfites: No	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.			

All the taste,

Without the waist