



Skinny D's YOGURT

Caramel Custard - Whole Oat (Dairy Free/Vegan)

Nutrition Facts		Ingredients	
Serving Size	1/2 cup (4 oz)	Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. Water, Propylene Glycol, caramel color, Natural and Artificial Flavors, FD&C yellow 5	
Amount per serving			
Calories	100		
% Daily Value*			
Total Fat 0g	0%	Allergens	
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 115mg	5%		
Total Carbohydrate 23g	9%		
Dietary Fiber <1g	1%	Milk:	No
Sugars 16g		Egg:	No
Includes 16g Added Sugars	32%	Wheat:	No
Protein <1g	1%	Soy:	Yes (Soy Protein)
		Tree nut:	No
		Peanut:	No
		Sulfites:	No
Vitamin D 0mcg	0%		
Calcium 3mg	0%		
Iron 0mg	0%		
Potassium 0mg	0%		
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.			

All the taste,

Without the waist