



# Skinny D's YOGURT

## Chai Tea - Whole Oat (Dairy Free/Vegan)

Nutrition Facts		Ingredients			
<b>Serving Size</b>	<b>1/2 cup (4 oz)</b>	Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. WATER, NATURAL FLAVORS, CARAMEL COLOR, SODIUM BENZOATE AND POTASSIUM SORBATE (TO PRESERVE FRESHNESS), CITRIC ACID, TEA EXTRACT.			
<b>Amount per serving</b>					
<b>Calories</b>	<b>100</b>				
<b>% Daily Value*</b>					
<b>Total Fat</b> 0g	<b>0%</b>				
Saturated Fat 0g	<b>0%</b>				
Trans Fat 0g					
<b>Cholesterol</b> 0mg	<b>0%</b>				
<b>Sodium</b> 115mg	<b>5%</b>				
<b>Total Carbohydrate</b> 23g	<b>9%</b>				
Dietary Fiber <1g	<b>1%</b>	<b>Allergens</b>			
Sugars 16g					
Includes 16g Added Sugars	<b>32%</b>				
<b>Protein</b> <1g	<b>1%</b>				
<b>Vitamin D</b> 0mcg				Milk:	No
Calcium 3mg				Egg:	No
Iron 0mg				Wheat:	No
Potassium 0mg				Soy:	Yes (Soy Protein)
				Tree nut:	No
				Peanut:	No
		Sulfites:	No		
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.					

All the taste,

Without the waist