



# Skinny D's YOGURT

## Gingerbread - Whole Oat (Dairy Free/Vegan)

Nutrition Facts		Ingredients	
<b>Serving Size</b>	<b>1/2 cup (4 oz)</b>	Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. Water, Natural Flavors, Salt, Citric Acid, Sodium Benzoate (to Preserve Freshness) Caramel color	
<b>Amount per serving</b>			
<b>Calories</b>	<b>100</b>		
<b>% Daily Value*</b>			
<b>Total Fat</b> 0g	<b>0%</b>		
Saturated Fat 0g	<b>0%</b>	<b>Allergens</b>	
Trans Fat 0g			
<b>Cholesterol</b> 0mg	<b>0%</b>		
<b>Sodium</b> 115mg	<b>5%</b>		
<b>Total Carbohydrate</b> 23g	<b>9%</b>		
Dietary Fiber <1g	<b>1%</b>		
Sugars 16g			
Includes 16g Added Sugars	<b>32%</b>		
<b>Protein</b> <1g	<b>1%</b>		
Vitamin D 0mcg	0%		
Calcium 3mg	0%		
Iron 0mg	0%		
Potassium 0mg	0%		
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.		Milk: No Egg: No Wheat: No Soy: <b>Yes (Soy Protein)</b> Tree nut: No Peanut: No Sulfites: No	

All the taste,

Without the waist