



# YOGURT

**Irish Cream - Whole Oat (Dairy Free/Vegan)**

| <b>Nutrition Facts</b>  |                       | <b>Ingredients</b>   |
|---|-----------------------|--|
| <b>Serving Size</b>   | <b>1/2 cup (4 oz)</b> | Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum.<br>Water, Natural Flavors, Citric Acid, Sodium Benzoate And Potassium Sorbate (to Preserve Freshness) |
| <b>Amount per serving</b>   |                       |  |
| <b>Calories</b>   | <b>100</b>            |  |
| <b>% Daily Value*</b>   |                       |  |
| <b>Total Fat</b> 0g   | <b>0%</b>             | <b>Allergens</b>   |
| Saturated Fat 0g  | <b>0%</b>             |  |
| Trans Fat 0g  |                       |  |
| <b>Cholesterol</b> 0mg  | <b>0%</b>             |  |
| <b>Sodium</b> 115mg   | <b>5%</b>             |  |
| <b>Total Carbohydrate</b> 23g   | <b>9%</b>             |  |
| Dietary Fiber <1g   | <b>1%</b>             |  |
| Sugars 16g  |                       |  |
| Includes 16g Added Sugars   | <b>32%</b>            |  |
| <b>Protein</b> <1g  | <b>1%</b>             |  |
| Vitamin D 0mcg  | 0%                    | Milk: No   |
| Calcium 3mg   | 0%                    | Egg: No  |
| Iron 0mg  | 0%                    | Wheat: No  |
| Potassium 0mg   | 0%                    | <b>Soy: Yes (Soy Protein)</b>  |
| *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice. |                       | Tree nut: No   |
|   |                       | Peanut: No   |
|   |                       | Sulfites: No   |
|   |                       |  |

**All the taste,**

**Without the waist**