



Skinny D's YOGURT

Lemon Chiffon - Whole Oat (Dairy Free/Vegan)

Nutrition Facts		Ingredients			
Serving Size	1/2 cup (4 oz)	Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. Water, Propylene Glycol, Nat and Artificial Flavors, Yellow 5			
Amount per serving					
Calories	100				
% Daily Value*					
Total Fat 0g	0%				
Saturated Fat 0g	0%				
Trans Fat 0g					
Cholesterol 0mg	0%				
Sodium 115mg	5%				
Total Carbohydrate 23g	9%				
Dietary Fiber <1g	1%	Allergens			
Sugars 16g					
Includes 16g Added Sugars	32%				
Protein <1g	1%				
Vitamin D 0mcg	0%			Milk:	No
Calcium 3mg	0%			Egg:	No
Iron 0mg	0%			Wheat:	No
Potassium 0mg	0%			Soy:	Yes (Soy Protein)
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.				Tree nut:	No
				Peanut:	No
		Sulfites:	No		

All the taste,

Without the waist