



Skinny D's YOGURT

Mango - Whole Oat (Dairy Free/Vegan)

Nutrition Facts		Ingredients	
Serving Size	1/2 cup (4 oz)	Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. Water, Natural Flavors, Tartaric Acid, Citric Acid, Sodium Benzoate (To preserve Freshness) Caramel Color, FD&C Yellow #5, FD&C Yellow #6	
Amount per serving			
Calories	100		
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 115mg	5%		
Total Carbohydrate 23g	9%		
Dietary Fiber <1g	1%	Allergens	
Sugars 16g			
Includes 16g Added Sugars	32%		
Protein <1g	1%		
Vitamin D 0mcg			Milk: No
Calcium 3mg			Egg: No
Iron 0mg			Wheat: No
Potassium 0mg			Soy: Yes (Soy Protein)
			Tree nut: No
			Peanut: No
		Sulfites: No	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.			

All the taste,

Without the waist