

YOGURT

Pumpkin Pie - Whole Oat (Dairy Free/Vegan)

Nutrition Facts		Ingredients	
Serving Size	1/2 cup (4 oz)	Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. Water, Propylene Glycol, Natural and Artificial Flavors, caramel color, Yellow 6 , Yellow 5	
Amount per serving			
Calories	100		
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 115mg	5%		
Total Carbohydrate 23g	9%		
Dietary Fiber <1g	1%	Allergens Milk: No Egg: No Wheat: No Soy: Yes (Soy Protein) Tree nut: No Peanut: No Sulfites: No	
Sugars 16g			
Includes 16g Added Sugars	32%		
Protein <1g	1%		
Vitamin D 0mcg 0%			
Calcium 3mg 0%			
Iron 0mg 0%			
Potassium 0mg 0%			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.			

All the taste,

Without the waist