

YOGURT

Toasted Almond - Whole Oat (Dairy Free/Vegan)

Nutrition Facts		Ingredients	
Serving Size	1/2 cup (4 oz)	Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. water, natural flavors, citric Acid, Sodium Benzoate And Potassium Sorbate (to Preserve Freshness), Fractionated Coconut oil, Ester gum	
Amount per serving			
Calories	100		
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 115mg	5%		
Total Carbohydrate 23g	9%		
Dietary Fiber <1g	1%	Allergens Milk: No Egg: No Wheat: No Soy: Yes (Soy Protein) Tree nut: No Peanut: No Sulfites: No	
Sugars 16g			
Includes 16g Added Sugars	32%		
Protein <1g	1%		
Vitamin D 0mcg			
Calcium 3mg			
Iron 0mg			
Potassium 0mg			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.			

All the taste,

Without the waist