# Skinny D's YOGURT

## Strawberry- NSA

**Our No Sugar added is Specialy formulated to fit low carbs diet and Sweetended with Erythritol and Natural Stevia. Erythritol (A type of Sugar Alcohol) & Fibers fully eliminates from body and leaving you with only 10gms Net Carbs per 4oz.**

## Nutrition Facts

Serving Size 1/2 cup ( 4 oz.)

Amount per serving

| | |
|---|---|
| **Calories 60** | Calories from Fat 10g |
| | % Daily Value |
| **Total Fat 1g** | **2%** |
| Saturated Fat 1g | 6% |
| Trans Fat 0g | |
| **Cholesterol 0mg** | **0%** |
| **Sodium 70mg** | **3%** |
| **Total Carbohydrate 14g** | **5%** |
| Dietary Fiber 1gm | 3% |
| Sugar Alcohols (Erythritol) 3gm | |
| Total Sugar 4gm | |
| Includes 0gm Added Sugars | 0% |
| **Protein 2g** | |
| **Vitamin A 0%** | **Vitamin C 2%** |
| **Calcium 10%** | **Iron 0%** |

*Percent Daily Values are Based on a 2,000 Calorie diet. Your daily value may be higher or lower depending on your calorie needs:

| | | | |
|---|---|---|---|
| | Calories | 2,000 | 2,500 |
| Total Fat | Less Than | 65mg | 80gm |
| Saturated Fat | Less Than | 20g | 25gm |
| Cholesterol | Less Than | 300mg | 300mg |
| Sodium | Less Than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300gm | 375g |
| Dietary Fiber | | 25g | 30g |

Calories (per Gram):

Fat 9gm

Carbohydrate 4gm

Protein 4gm

## Ingredients

Nonfat Milk, Maltodextrin, Extra Grade Sweet Whey, Non Hydrogenated Coconut Oil, Erythritol, Cellulose Gum and/or Guar Gum, Vanilla, Natural Flavors, Non-Fat Yogurt, Whey Protein Concentrate. Contains Natural Stevia & Active Probiotic Cultures.

Water, Propylene Glycol, Ethyl alcohol, Xanthan Gum, FD&C Red 40, FD&C Blue 1, Natural & Artificial Flavor

**Allergens**

| | |
|---|---|
| Milk: | Yes |
| Egg: | No |
| Wheat: | No |
| Soy: | No |
| Tree nut: | Yes(Coconut) |
| Peanut: | No |
| Sulfites: | No |

Only 10gm net carbs per 4oz

All the taste, Without the waist