Skinny D's YOGURT

Strawberry - Whole Oat (Dairy Free/Vegan)

Nutrition Facts

Serving Size	**1/2 cup (4 oz)**
Amount per serving	
Calories	**100**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 115mg	**5%**
Total Carbohydrate 23g	**9%**
Dietary Fiber <1g	**1%**
Sugars 16g	
Includes 16g Added Sugars	**32%**
Protein <1g	**1%**
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients

Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. Water, Propylene Glycol, Ethyl alcohol, Xanthan Gum, FD&C Red 40, FD&C Blue 1, Natural & Artificial Flavor

Allergens

Milk:	No
Egg:	No
Wheat:	No
Soy:	Yes (Soy Protein)
Tree nut:	No
Peanut:	No
Sulfites:	No

All the taste, Without the waist