Skinny D's YOGURT

French Vanilla - Whole Oat (Dairy Free/Vegan)

Nutrition Facts

Serving Size	**1/2 cup (4 oz)**
Amount per serving	
Calories	**100**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 115mg	**5%**
Total Carbohydrate 23g	**9%**
Dietary Fiber <1g	**1%**
Sugars 16g	
Includes 16g Added Sugars	**32%**
Protein <1g	**1%**
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients

Cane Sugar, Tapioca Maltodextrin, Whole Oat Flour, Vanilla Powder, Soy Protein, Salt, Xanthan Gum, Guar Gum. Water, Propylene Glycol, FD&C yellow 5, FD&C yellow 6, FD&C Red 40, Ethyl alcohol, Caramel color, Partially inverted sugar syrup, triacetin, citric acid.

Allergens

Milk:	No
Egg:	No
Wheat:	No
Soy:	Yes (Soy Protein)
Tree nut:	No
Peanut:	No
Sulfites:	No

All the taste, Without the waist